

The Primary Care PTSD Screen (PC-PTSD)

The Primary Care PTSD Screen (PC-PTSD) is a screening measure that has been empirically validated and is widely used.

Current research suggests that a patient who responds “yes” to two or more items should be assessed further for trauma symptoms.

See following page for the measure.

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(Prins et al., 2004, Primary Care Psychiatry)

1. Have you had nightmares about it or thought about it when you did not want to?

YES/NO

2. Tried hard not to think about it or went out of your way to avoid situations that reminded you of it?

YES/NO

3. Were constantly on guard, watchful or easily startled?

YES/NO

4. Felt numb or detached from others, activities or your surroundings?

YES/NO